

Research in Spiritual Science

Theme 1	Talk – Meditation for spiritual development and as a method for spiritual research Workshop – How to control your thoughts
Theme 2	Talk – The Etheric realm (vital forces) in human beings and in nature Workshop – How can I gain Self-control
Theme 3	Talk – The Astral realm (emotional forces) in human beings and in nature Workshop – How do I master my feelings & learn the key role of quietness?
Theme 4	Talk – Dimensions of the sense of Self (I-manifestation) and its relation to hypersensitivity Workshop – How can I become aware of the strength of my own I-manifestation?
Theme 5	Talk – The spiritual parts of the human constitution Workshop – Human spiritual constitution and the role of objectivity in research
Theme 6	Talk – The soul parts of the human constitution Workshop – How can I gain equilibrium and balance of soul?
Theme 7	Talk – Mechanics of the Mind Workshop – Empty mind and a research question